

## THE WAY OF THE RESURRECTION



**In the Name of the Father, + the Son and the Holy Spirit ... AMEN!**

**The Grace of the Crucified and Risen One, the Love of Abba, Father, who gave His only Son to the world, and the Holy Spirit that raised Him from the dead and recreates the face of the Earth, be with you all ...**

**St Paul writes: All I want is to know Christ and the power of His Resurrection and to share his sufferings by reproducing the pattern of His death. That is the way I can hope to take my place in the resurrection of the dead.. Not that I have become perfect et: I have not yet won, but I am still running, trying to capture the prize for which Christ Jesus captured me.**

During the weeks of Lent we walked the Way of the Cross, embracing the suffering Christ of today's 21st century world. As we bathe in the Easter Light of Resurrected Life, we walk the Way of Resurrection, touching our world with hope and healing, proclaiming to the world the Good News of Life in all its fulness.

We sing: **Crucem tuam adoramus domine, Resurrectionem tuam,  
Laudamus domine, laudamus et glorificamus.  
Resurrectionem tuam, Laudamus domine**

# THE WAY OF THE RESURRECTION

[1] THE RESURRECTION SHAKES THE EARTH

Matt 28: 2

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



After the sabbath and towards dawn on the first day of the week, Mary of Magdala and the other Mary went to visit the sepulchre. All at once there was a violent earthquake, for the angel of the Lord, descending from heaven, came and rolled away the stone.

V. GOD SHOOK THE EARTH !  
R. HE ROLLED THE STONE AWAY, ALLELUIA!

**Prayer: Lord, continue to shake the Earth and all its powers with your all-conquering Love and your challenging Truth. Give us courage to unbind our oppressed sisters and brothers and set them free!**

## THE WAY OF THE RESURRECTION

[2] *THE WOMEN GAZE INTO THE EMPTY TOMB*

Luke 24: 2-6

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



The women found that the stone had been rolled away from the tomb, but on entering discovered that the body of the Lord Jesus was not there. They stood there not knowing what to think.

V. WHY LOOK AMONG THE DEAD  
R. FOR SOMEONE WHO IS ALIVE, ALLELUIA!

**Prayer: Lord, help us to find you in the emptiness, and to trust that you have conquered death for us. Teach us that just as the sun shines when we cannot see it, so You are Risen and with us even when we do not feel your Presence. Lord, increase our faith!**

## THE WAY OF THE RESURRECTION

[3] THE WOMEN SEE THE ANGEL

Matt 28: 3-7

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



An Angel was sitting on the rolled away stone, his face was like lightening, his robe white as snow. The guards were so shaken, so frightened, that they were like dead men. But the angel said to the women, 'There is no need for you to be afraid. I know you are looking for Jesus, who was crucified. He is not here, for He is risen!' With joy, they ran to tell the disciples.

V. DO NOT BE AFRAID!  
R. YOU SEEK JESUS, WHO IS RISEN, ALLELUIA!

**Prayer: Lord, grant us vision, and help us never to be afraid of opening ourselves to your presence and your call, your Mission. May we run and tell everyone that a New World has begun!**



## THE WAY OF THE RESURRECTION

[4] *PETER AND THE OTHER DISCIPLE RUN TO THE TOMB*

John 20: 3-9

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



The Women ran to tell Peter and the other disciple, the one Jesus loved: 'They have taken the Lord out of the tomb and we do not know where they have put him!' The two disciples ran together to the tomb. Peter went into the tomb first and saw the linen cloths. The other disciple now went in - he saw and he believed. Now they understood the teaching of the scriptures, that He must rise from the dead'

V. HE SAW AND HE BELIEVED  
R. THAT THE CHRIST MUST RISE FROM DEAD, ALLELUIA!

**Prayer:** Lord, give us the love to run to you, to gaze into the emptiness, experience Your Presence and believe with all our heart that you are with us, forever!

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[5] *THE MAGDALENE - FIRST TO THE TOMB, FIRST TO BELIEVE* John 20: 11-18

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



Mary stayed outside, weeping. Then the two angels in white said, 'Woman, why are you weeping?' 'Thy have taken my Lord away...' She turned round and mistaking Jesus for the gardener, asked 'Where have you put Him?'. And Jesus said, 'Mary!' She knew him then and cried out 'Rabbuni', 'Master'. Jesus said, 'Do not cling to Me, but go and tell the brothers!'

V. DO NOT CLING TO ME  
R. BUT GO AND TELL THE BROTHERS GOOD NEWS, ALLELUIA!

**Prayer: Lord, our past does not matter to you, for you have set us free and we are Your New Creation...give us joy as we go to our world with your Good News.**

## THE WAY OF THE RESURRECTION

[6] *THEY RECOGNISE HIM IN THE BREAKING OF BREAD*

Luke 24: 13-35

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



In that same first evening, two disciples were on the road to Emmaus and a stranger came up and asked, 'Why are you so downcast?' And they told him about Jesus, their Hope, who had been crucified and about the empty tomb. The stranger, Jesus, said, 'But it was ordained that the Christ should suffer and so enter into His glory!' They came to the village and pressed him to stay. At the table Jesus broke the bread and gave it to them, and their eyes were opened - they recognised Him, alive, in the 'Breaking of Bread'.

V. DID NOT OUR HEARTS BURN WITHIN US  
R. AS HE TALKED TO US ON THE WAY, ALLELUIA!

**Prayer:** Lord, take from our eyes the dark veil that we might ever see you at our side; and help us listen to the pain of the world with your heart of healing love.



## **THE WAY OF THE RESURRECTION**

[7] **PETER SEES THE RISEN LORD**

Luke 24: 33-34 & 1 Cor 15: 5

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



The two disciples set out from Emmaus that instant and returned to the Eleven and their companions in Jerusalem. These told them 'Yes it is true, The Lord has risen and has appeared to Simon'. Then the two disciples told them how they had recognised Him in the 'Breaking of Bread'.

V. IT IS TRUE, THE LORD IS RISEN!  
R. WE RECOGNISE HIM IN THE BREAKING OF BREAD, ALLELUIA!

**Prayer: Lord, you know us through and through, you know our every weakness...and you never stop loving us! Thank you for giving us Your New Life in the 'Breaking of the Bread' and trusting us with Your Good News!**



## THE WAY OF THE RESURRECTION

[8] *HE COMES TO MEET THEM LOCKED IN THE UPPER ROOM OF THEIR FEARS*

John 20: 19-21

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



In the evening of that first day of the week, the doors were closed for fear of the Jewish authorities. Jesus came and stood among them. He said 'Shalom! Peace be with you!' and showed them His hands and feet. They were filled with joy! He then said, 'As the Father has sent me, so I am sending you' and breathing on them, he said, 'Receive the Holy Spirit...'

V. SHALOM! PEACE BE WITH YOU  
R. AS THE FATHER SENT ME, SO I SEND YOU, ALLELUIA!

**Prayer: Lord, unlock the prison of our fears and set our hearts free. Breathe again Your Holy Spirit into us, that we might dare to believe, dare to proclaim and dare to build Your New Creation.**

## THE WAY OF THE RESURRECTION

[9] *THOMAS TOUCHES THE WOUNDS AND BELIEVES*

John 20: 24-29

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



A week later, Thomas rejoined the community. 'I will not believe until I see the holes the nails have made and touch the wounds!' The doors were still closed, but Jesus came in and stood among them. 'Shalom! Peace be with you. Come, Thomas, touch my wounds. Doubt no longer, but believe!' And Thomas said, 'My Lord and my God!'

V. PUT YOUR FINGER HERE, GIVE ME YOUR HAND  
R. DOUBT NO MORE, BUT BELIEVE, ALLELUIA!

**Prayer:** Lord, in the midst of all our doubts, give us the courage to let you touch our wounds, so that we might touch the wounds of our sisters and brothers with your healing love!

## THE WAY OF THE RESURRECTION

[10] *THEY MEET HIM IN GALILEE AND ARE HEALED*

John 21: 1-14

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



Jesus stood on the shore, though they did not realise it was Him. 'Have you caught anything, friends?' They replied 'No'. 'Throw the net to starboard and you will find something.' Their nets were filled and the beloved disciple said 'It is the Lord!' Peter jumped into the water and ran to Jesus, who asked him three times, 'Simon, do you love Me?'. Peter replied 'Lord you know I love You!' 'Then feed my sheep'!

V. SIMON, SON OF JOHN, DO YOU LOVE?  
R. YES, LORD, YOU KNOW I LOVE YOU, ALLELUIA!

**Prayer:** Lord, after all our failures you still trust us with your Gospel: nourish us always with the Bread of your Trust, Bread of Your Healing Love and make of us Bread of Life in your hands to be given for the life of the world.



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[11] THE WHOLE COMMUNITY BEHOLD HIM

1Cor 15: 6 & 12: 27

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



St Paul writes: 'He appeared first to Cephas and secondly to the Twelve. Next he appeared to more than 500 of the brothers at the same time...then He appeared to James and then to all the Apostles.' ... 'Now you together are Christ's Body, each of you a different part of it.'

V. HE IS THE HEAD OF THE BODY, THE CHURCH  
R. WE ARE THE BODY OF CHRIST THE RISEN LORD, ALLELUIA!

**Prayer: Lord, we need no apparitions, for you are always with us, surrounding us with the cloud of witnesses, our brothers and sisters. Thank you for making us One Body united in love, that the world might believe!!**



## THE WAY OF THE RESURRECTION

[12] *HE ASCENDS AND THEY GO EVERYWHERE PROCLAIMING* Luke 24: 45-53

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



He opened their minds to understand the scriptures and He said to them 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that in His Name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this!'

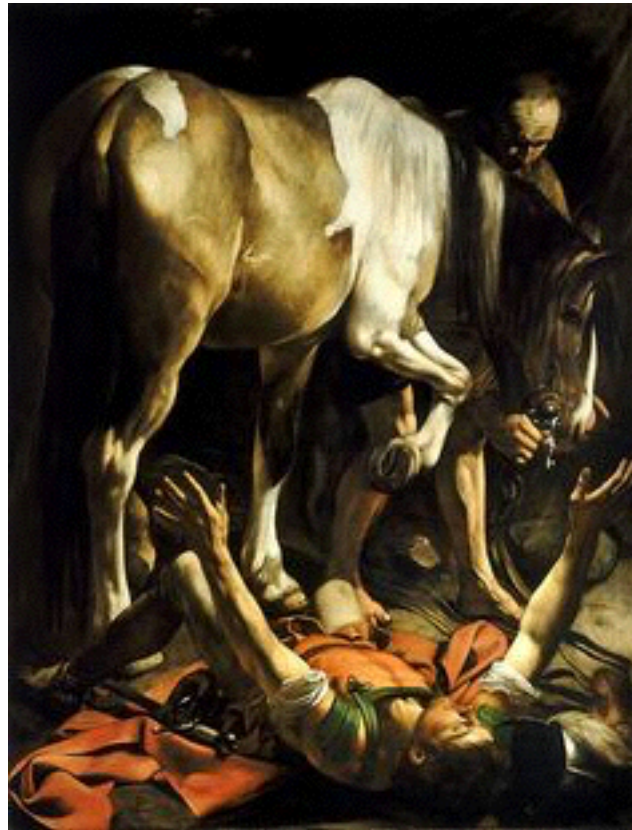
V. GOOD NEWS WILL BE PREACHED TO THE NATIONS  
R. WE ARE WITNESSES TO THIS, ALLELUIA!

**Prayer:** Lord, help us to gaze not into the sky searching for you, but into the heart of the world where you wait to welcome us! Open our eyes to see you, our lips to proclaim you, and above all our lives of love to witness that You are risen among us!

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[13] PAUL MEETS THE RISEN LORD ON THE DAMASCUS ROAD 1 Cor 15: 8-10

V. JESUS IS RISEN !  
R. HE IS TRULY RISEN!



‘And last of all He appeared to me too; it was as though I was born when no one expected it’...Suddenly, while Paul was travelling to Damascus, there came a light from heaven all round him. He fell to the ground and heard a voice: “Saul, Saul, why are you persecuting Me?” and Paul asked “Who are You?” “I am Jesus whom you are persecuting.”

V. I HAVE BEEN SENT TO YOU BY THE RISEN JESUS  
R. GAIN YOUR SIGHT BE FILLED WITH THE SPIRIT, ALLELUIA!

**Prayer:** Lord, you withhold your love from no-one, and all are called to know you. Give us hearts open to every human person that we might recognise you, crucified and risen among our suffering sisters and brothers. May we shine with the Light of Your love and so become Good News of New Life for all the world.

**We all sing:** Christ is our Light, Risen again, over death victorious!  
Christ is our Light, Risen again, Alleluia! Alleluia!